

***Revised* Children’s REC Club – Session Plan (Spring I 2024)**

Date	Time	Event	Event Description
4/10/24	5:30-7:00 p.m. (1.5 hours)	Getting to Know You – Snap Circuits and Collaborative Play - Newtown Youth & Family Services Center (Newtown, CT) Newtown Youth and Family Services 15 Berkshire Road Sandy Hook, CT 06482	<u>Introduction to the Spring I Session</u> <ul style="list-style-type: none"> • Getting to Know REC Club Rules and Expectations • Overview of Spring I Session • Member Introduction & Sharing Activities <u>Group Social Check-In</u> <ul style="list-style-type: none"> • Discussing how we’ve been since our last session • Sharing fun or interesting stories/anecdotes • Discussing plans for the session and upcoming events <u>Circuit Building</u> <ul style="list-style-type: none"> • Small Group circuit set planning with collaborative advice and shared discussion about challenges, ideas, and understanding diagrams • Small Group circuit building (Snap Circuits are low power circuits that snap together and do not require assembly or electrical experience) <u>Collaborative Play – Small Group Games and Activities</u> <ul style="list-style-type: none"> • REC Trivia – Team memory game recalling information about peers from earlier in the event • Small group games and activities of personal interest (ex. Board games, puzzles, etc.)
4/17/2024	*Postponed*	*Postponed*	Postponed as a majority of participants will not be attending as the result of plans during an April school break.

Adam Horvath
 Newtown Youth and Family Services – REC Club

Date	Time	Event	Event Description
4/24/24	5:30-7:00 p.m. (1.5 hours)	Aerodynamics and Model Rocketry Newtown Community Center (Newtown, CT) Fairfield Hills - Fields 3 Primrose Street Newtown, CT 06470	<u>Aerodynamics Activities</u> <ul style="list-style-type: none"> • Creation and Review of Paper Plane Designs • Large Group Aerodynamics Discussion • Paper Plane Flight Testing <u>Model Rocketry Activities</u> <ul style="list-style-type: none"> • Large Group Rocketry and Space Exploration Discussion • Large Group Rocketry Lesson • Small Group Bottle Rocket Design & Build Activity • Bottle Rocket Testing • Large Group Model Rocket Testing

Date	Time	Event	Event Description
5/01/24	5:30-7:00 p.m. (1.5 hours)	Garden Bed Repair, Preparation and Planning Event Newtown Youth & Family Services Center (Newtown, CT) Newtown Youth and Family Services 15 Berkshire Road Sandy Hook, CT 06482	<u>Group Social Check-In</u> <ul style="list-style-type: none"> • Discussing how we've been since our last session • Sharing fun or interesting stories/anecdotes • Inspecting NYFS garden bed and plans for spring planting <u>Garden Repair and Prep</u> <ul style="list-style-type: none"> • Large group collaborative repair of wooden garden space using simple tools (ex. Screwdrivers, shovels, etc.) • Preparing the garden for the spring (ex. Adding fertilizer, weeding) • Mapping out garden space for planting early spring vegetables and flowers <u>Open Collaborative Game Play</u> <ul style="list-style-type: none"> • REC Trivia – Team memory game recalling information about peers from earlier in the event • Small group games and activities of personal interest (ex. Board games, puzzles, etc.)

Date	Time	Event	Event Description
5/8/24	5:30-7:00 p.m. (1.5 hours)	Science Exploration and Small Group Science Experiment Activities Newtown Youth & Family Services Center (Newtown, CT) Newtown Youth and Family Services 15 Berkshire Road Sandy Hook, CT 06482	<u>Group Social Check-In</u> <ul style="list-style-type: none"> • Discussing personal interests and sharing experiences in Science, Technology, Engineering and Math (STEM) • Listening skills and responding to others (Science) • Building on discussion topics as a group (Science) <u>Generating Hypotheses and Experiments to Test Them</u> <ul style="list-style-type: none"> • Brainstorming experiment designs, ideas about science and exploring the use of science materials <u>Large Group Experiment Discussion and Predictions/Results</u> <ul style="list-style-type: none"> • Large group presentation of experiments, ideas, and large group experiments • Large group discussion of predictions and potential results of experiments
5/15/24	5:30-7:00 p.m. (1.5 hours)	End of Spring Session Celebratory Event - Dickinson Park Spring Field Day Dickinson Memorial Park 50 Elm Drive (Newtown, CT)	<u>Group Social Check-In</u> <ul style="list-style-type: none"> • Discussing how we've been since our last meeting • Sharing fun or interesting stories/anecdotes <u>Field Games and the Conclusion of the Spring I Session</u> <ul style="list-style-type: none"> • Large group games and activities (i.e. Net Games, Sport Field Games, Team Building Activities) • Group reflection on the Spring I Session and responding to REC Club survey (i.e. favorite events, requests for future events) • Small group activities of preference (i.e. Arts & Crafts, Net Games, Sport Field Games, Team Building Activities)

Social Skill Areas to Be Focused On

- Social Conversations
 - Initiating conversations
 - Reciprocating conversations
 - Responding to questions or comments
 - Maintaining social etiquette
- Body Language
 - Facing peers and faculty when socializing
 - Maintaining an engaged presence
 - Reading and expressing body language cues
- Collaborative Play/Work
 - Contributing to a team or small group effort
 - Collaborating with peers on tasks in a supportive role or in a leadership role
- Expanding Social Comfort Zones with New Situations
 - Attempting new experiences
 - Expressing concerns or dislikes constructively
- Following Safety Directives
 - Abiding by faculty instructions and the NYFS “Code of Conduct”
 - Following safety procedures (i.e. proper use of tools)
 - Expressing safety concerns to staff clearly and effectively